

Liposomal Vitamin C

AN ANTIOXIDANT FOR THE MAINTENANCE OF GOOD HEALTH
120 ML LIQUID | NPN80085591 | LPOVTC-CN



FOUNDATIONAL HEALTH



Liposomal Vitamin C provides this essential water-soluble nutrient in a unique liposomal delivery. Liposomes are spheres made of phospholipids, which are the primary building blocks of cell membranes that help facilitate nutrient absorption. Each 5 mL serving (approximately 1 teaspoon) of this lemon-flavoured formula provides 1,000 mg of vitamin C as sodium ascorbate. The 130 mg of sodium per serving helps to further support the absorption of vitamin C.

Vitamin C is an essential vitamin that plays many critical roles in maintaining optimal health. One of its key functions is to support antioxidant defense and

the neutralization of free radicals. It also promotes normal immune function. Vitamin C also acts as an enzyme cofactor, supporting the synthesis of collagen, carnitine, and neurotransmitters, and other biological functions.

Liposomes bond easily with cell membranes to deliver their cargo, which in this case is vitamin C. Liposomes are extremely tiny particles that allow fast absorption in the body, which starts in the mouth. Liposomal delivery provides a well-tolerated, easily absorbed, and highly bioavailable form of vitamin C.

Benefits

- Supports antioxidant status
- Supports immune function
- Promotes collagen synthesis
- Supports neurotransmitter and hormone synthesis

Recommended Dose

Adults: Take 5 ml (approx. 1 teaspoon) and hold in mouth for 30 seconds before swallowing once daily, or as directed by your health care practitioner.

Highlights

- 1,000 mg of vitamin C as sodium ascorbate per 5 mL serving
- Liposomal delivery to enhance bioavailability and absorption
- 130 mg of sodium to support absorption
- Phospholipids derived from sunflower lecithin
- Naturally flavoured with citrus oils

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