

CANDICID FORTE



RECOMMENDED USE

- Helps maintain the body's ability to metabolize nutrients
- Provides antioxidants that help protect against the oxidative effect of free radicals
- A factor in the maintenance of good health

GASTROINTESTINAL SUPPORT

Candicid Forte provides a blend of nutrients and botanicals to promote the maintenance of good health and the body's ability to metabolize nutrients.

Overview

Gastrointestinal health is directly affected by factors such as poor diet and a stressful lifestyle. The prevalence of refined sugars and carbohydrates and lack of fiber in modern diets have been directly linked to changes in the intestinal and colonic environments.¹

Biotin

Biotin is a water-soluble vitamin and cofactor for carboxylases. The nutrient affects several key systemic functions including nutrient metabolism.

Oregano

Phytonutrients from oregano, such as rosmarinic acid and quercetin, have been shown to play a role in supporting antioxidant mechanisms. In addition, the high ORAC (oxygen radical absorbance capacity), value of oregano indicates its significant antioxidant-scavenging capacity to combat free radicals.^{2,3}

Rosemary

Rosemary is traditionally used as a carminative and exhibits antioxidant effects. Used in Herbal Medicine, rosemary has been found to help ease gastric headaches.

Recommended Dose

Adults: Take two capsules per day, or as recommended by your health care practitioner. Consult a health care practitioner for use beyond 3 months.

Does Not Contain

Gluten, corn, yeast, artificial colors and flavors.

Medicinal Ingredients (per capsule)

Biotin.....	150 mcg
Berberine Hydrochloride.....	75 mg
Cinnamon (<i>Cinnamomum verum</i> , Branch bark, Shoot bark).....	50 mg (4:1, QCE 200 mg)
Ginger (<i>Zingiber officinale</i> , Rhizome).....	50 mg
Oregano (<i>Origanum vulgare</i> , Leaf)	75 mg (4:1, QCE 300 mg)
Pau d'Arco (<i>Handroanthus impetiginosus</i> , Stem & twig inner bark).....	50 mg (5:1, QCE 250 mg)
Rosemary (<i>Rosmarinus officinalis</i> , Leaf).....	50 mg (10:1, QCE 500 mg)
German Chamomile (<i>Matricaria chamomilla</i> , Flower).....	50 mg

Non-Medicinal Ingredients

Sodium Caprylate, Microcrystalline Cellulose, Magnesium Stearate, Calcium Silicate, Hypromellose.

References

1. Frizelle F. Constipation in adults. *Clin Evod* (online). 2007;0413(August 1).
2. Chun SS, Vatted DA, Lin YT, et al. Phenolic antioxidants from clonal oregano (*Origanum vulgare*) with antimicrobial activity against *Helicobacter pylori*. *Process Biochem*. 2005;40(2):809-16.
3. Tampieri MP, Galuppi R, Macchioni F, et al. The inhibition of *Candida albicans* by selected essential oils and their major components. *Mycopathologia*. 2005 Apr;159(3):339-45. [PMID: 15883716].